

**THE ANERLEY
Bicycle Club
FOUNDED 1881**

HANDBOOK

This Handbook was revised January 2003

The club is affiliated to the following organisations:

Cycling Time Trials (Ltd)
Southern Counties Cycling Union (SCCU)
Road Records Association (RRA)
Croydon & District Cycling Association (CDCA)

Club Headquarters (Clubroom):
St. James Church Hall,
Lower Road,
Kenley, Surrey
(Club night is the 2nd Wednesday in each month)
Club website www.anerleybc.co.uk

“Palmarum qui meruit ferat”

President:

Mrs. M. Turnbull

Past Presidents:

W. M. Ruston Esq.*
Sir John Blundell-Maple*
H. S. Hughes Esq.*
R. H. Fry Esq.*
Sir C. Lawes-Wittewronge *
F. W. Bailey Esq.*
G. H. Smith Esq.*
S. F. Edge Esq.*
H. H. Clarke Esq.*
D. W. Wells Esq.*
W. H. M. Burgess Esq.*
B. H. Hogan Esq.*
W. P. Harmsworth Esq.*
F. S. Burgess Esq.*
W. J. Mountain Esq.*
D. E. S. Kirby Esq.*
R. Edgar Esq.*
Mrs. D. Cooke.*
J. F. Jackson BEM

*Deceased

CLUB OFFICERS

President:

Mrs. M. Turnbull

Vice Presidents:

M. Collier (Mrs.)

J. Turnbull Esq.

N. J. Greig Esq.

J. F. Jackson Esq.

S. Charlton (Miss)

J. Read (Mrs.)

I. Whyte Esq.

Hon. Secretary: J. Dadson Esq.
23A Sangley Road Sth. Norwood S.E.25 6QT

Hon. Financial Secretary: J. Hammond Esq.
Croft Cottage, 17A Hayes Lane, Kenley CR8 5LE

Hon. Racing Secretary: B. Tully Esq.
8 Hartscroft, Linton Glade, Croydon CR0 9LA

Hon. Webmaster: R. Tully Esq.
8 Hartscroft, Linton Glade, Croydon CR0 9LA

Captain: D. Donohoe Esq.
40 Russell Hill Close, Purley CR8 2NR

Vice-Captains:
J. Turnbull Esq. and J. Hammond Esq.

Membership Secretary: J. Hammond Esq.
Croft Cottage, 17A Hayes Lane Kenley CR8 5LE

Reporting Secretary: B. Tully Esq.
8 Hartscroft, Linton Glade, Croydon CR0 9LA

Gazette Editor: J. Jackson Esq.
11, Limpsfield Ave., Thornton Heath, CR7 6BG

Social Secretary: M. Turnbull (Mrs.)
32 Lower Barn Road, Purley, Surrey CR8 1HQ

Organiser – Crystal Palace Criteriums: B. Tulley Esq.
8 Hartscroft, Linton Glade, Croydon CR0 9LA

Committee Members

J. Medway, 12 Dornton Road, Sth. Croydon CR2 7DP
R. Tully Esq. - 8 Hartscroft, Linton Glade, Croydon CR0 9LA
P. Trimming, 3 Willis Road, Croydon CR0 2XX

DELEGATES

R.R.A. – S. Charlton (Miss)
S.C.C.U. – R. Tully Esq.
C.T.T. – B. Tully Esq.
Cycle Forum – J. Jackson Esq.

General Rules:

1. That the club be called the “ANERLEY BICYCLE CLUB”. The object of the club shall be to foster cycling in all forms.
2. That the membership be for the following categories: Senior, Junior (under 18), Juvenile (under 16), Family, Unwaged and Honorary & Second Claim.
3. That in the interest of expediency, the Secretary with approval of the Captain and at least one Committee Member, be empowered to grant membership to suitable applicants.
4. That the club be open to male and female members and shall be either first or second claim membership.
5. That should any person apply for second claim membership he or she shall not be eligible to take any of the trophies, medals, or handicap prizes.
6. That an annual subscription shall become due and payable in advance on the first day of April each year.
7. That if any member's subscription is one month in arrears the Membership Secretary shall apply to that person for the sum and if still unpaid after a further month, that person shall be suspended from the club until such time that full payment has been made.
8. That no member in arrears of payment to the club shall be allowed to compete for any club prizes or in the club's name.
9. The financial and official year to commence on 1st November and end 31st October at which date the Financial Secretary shall prepare a Balance Sheet, which, after being audited, shall be presented to the members not later than the club's Annual General Meeting.
10. That the officers of the club shall consist of:
President, Vice-Presidents, Captain, Vice-Captain, Honorary Secretary, Honorary Financial Secretary, Reporting Secretary, Honorary Racing Secretary, Honorary Webmaster, Gazette Editor, Social Secretary, Criterium Organiser and Membership Secretary who with a committee of up to five members shall be elected at the Annual General Meeting.
11. That any member of the committee being absent from three consecutive meetings shall, failing satisfactory explanation, lose his/her seat. The committee has the power to fill such a vacancy. This also applies to ex officio members of the committee with the exception of the President and Vice-Presidents.
12. That the Honorary General Secretary shall have the power to call a Committee meeting whenever he/she may deem it advisable. The quorum for such a meeting shall be five members.
13. That if the conduct of any member be inconsistent with the character and interest of the club, or obnoxious to the other members, the committee shall have the power, upon the complaint being laid before it and after thoroughly investigating the matter, to expel that member provided a two-thirds majority is reached. Should a member be expelled he or she shall forfeit all interests in the club and shall not be eligible for re-election at any future date.
14. That all members obey the Captain or Vice-Captain during runs, meets etc.

15. That any member of the club wishing to resign shall give notice in writing to the General Secretary before the 1st March, failing which he/she shall be held accountable for his/her subscription for the ensuing year.

16. That the colours of the club be Black on Gold.

17. That the committee shall have the power to act as it may deem fit should anything arise not provided for in these rules.

18. That there be one general meeting held each year, between November and February. The Honorary Secretary shall call a special meeting on a requisition in writing, signed by not less than five members, stating the reason for such meeting, and that each member shall have one week's notice thereof. Only the business stated on the notice calling the special meeting may be transacted at the meeting.

19. That none of these rules be altered without the consent of a majority present and voting at a General Meeting.

20. That the club support any members representing the club in national championships. This may include financial help as defined by the committee, as well as moral backing.

21. That members pay an annual subscription. Rates as at November 2000 were as follows:

Senior	£15
Junior Under 18	£10
Juvenile (under 16)	£10
Family	£20
Second-claim	£10
Unwaged	£10
Honorary	At the members' discretion

These rates to be reviewed at the A.G.M. on acceptance of the treasurer's report.

22. That committee meetings be open to committee members only and that no other person may attend unless invited by the committee.

23. That every member shall be provided with a copy of these rules, by which he/she shall be bound.

A Special Prize

This will be given to any member who, riding solely under the name of the Anerley Bicycle Club, secures a properly authenticated national record or records, on path or road, or Championship, or record of other recognised record association, in recognition of his or her performance.

Club Rules of Racing

1. Races are open to all active amateur members of the club. The club prizes are open only to First Claim members.
2. No member will be allowed to start in any race until he has paid his subscription to the club and entry fee.
3. Any member riding a time trial shall comply with all current C.T.T. (Ltd.) regulations as specified in their current handbook.
4. Any member riding a road race or circuit race or track shall comply with all current B.C. regulations as specified in their current handbook.
5. All results to be sent to the Honorary Racing Secretary, who will maintain Club Racing Records.
6. All prizes subject to the approval of the committee.
7. No club record may be set or trophy won other than in an open, semi-open, or club event, furnishing an official start and result sheet.
8. No ride shall be recognised as a club record unless the rider enters and rides solely under the name of the Anerley Bicycle Club.
9. All qualifying rides for the Club's "Best All Rounder" competitions to be on "G", "H" or "Q" courses. In the event of there being no qualifying rides on these courses, then rides from any area will be accepted.
10. Members shall pay a fee of £5 for each engraved standard medal claimed.

CLUB EVENTS are either events promoted by the Anerley B.C. or events promoted by or in conjunction with the Croydon and District Cycling Association.

Perpetual Challenge Trophies

Appletree Shield	Best All-Rounder (Fastest aggregate on 10/25/50/100 miles & 12 hours)
Ladies BAR	Best All-Rounder (Fastest aggregate on 10/25/50/100 miles)
Calder Trophy	12 hours (Greatest Distance)
R. H. Fry Memorial Cup	100 miles
Lawes Cup	50 miles
Mountain Memorial Shield	25 miles
Old Members Cup	Fastest Anerley rider in the Catford Hill Climb
S. F. Edge New Members Cup	Most Improved First Year Racing Member
S. F. Edge Brighton & Back	Re-awarded for Road Racing
A. J. Cooke Memorial Trophy	Fastest Anerley rider on handicap in the Moon Trophy
Ann Butler Cup	Ladies Meritorious Cup
Surrey Developments Shield	Junior Best All Rounder (Fastest aggregate 10 & 25 miles)
Anerley B.C. Shield	Senior 10 miles
Anerley B.C. Shield	Junior 10 miles
Anerley B.C. Shield	Ladies 10 miles
Anerley B.C. Shield	Ladies 25 miles
Anerley B.C. Shield	Ladies 50 miles
Anerley B.C. Shield	Juvenile 10 miles
Anerley B.C. Shield	Juvenile 25 miles
Anerley B.C. Shield	Vets Best All Rounder (Fastest aggregate 10 & 25 miles)
Anerley B.C. Shield	Club Runs Attendance (Assessed by Captain)
Anerley B.C. Shield	Criterium Champion
Anerley B.C. Shield	Map Reading
Anerley B.C. Shield	Track Champion
Anerley B.C. Shield	Merit Award (Awarded by the President)
Anerley B.C. Shield	Handicap Events Award
Freewheeling Trophy	Annual Downhill Event
Anerley Darts Trophy	Clubroom Championship

CLUB RECORDS

BICYCLE

Distance	Name	Year	Hours	Minutes	Seconds
10 miles	J. Dadson	1998	0	21	51
25 miles	J. Dadson	1998	0	54	42
30 miles	R. Tully	2002	1	07	24
50 miles	J. Dadson	1998	1	57	16
100 miles	J. Dadson	1998	4	10	13

12 hours	A. Smith	1992	238.65 miles		
24 hours	W. Birkin	1934	407.87 miles		

Distance	Name	Year	Hours	Minutes	Seconds
London to Brighton/Back	W. Birkin	1933	5	20	01
Coulsdon to Brighton/Back	J. Turnbull	1977	3	31	57
Hill Climb (Catford) (Yorks Hill)	R. Tully	1998		2	19

BICYCLE – Ladies

Distance	Name	Year	Hours	Minutes	Seconds
10 miles	V. Tully	1996	0	25	21
25 miles	K. Clements	1978	1	04	02
50 miles	G. Glowinski	2002	2	16	47
100 miles	G. Glowinski	2002	5	04	02

12 hours	S. J. Charlton	1990	191.401m		
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Mixed Tandem

Distance	Name	Year	Hours	Minutes	Seconds
10 miles	K. E. Herbert & M. W. Herbert	1990	0	24	01
25 miles	K. E. Herbert & M. W. Herbert	1990	1	02	00

Tricycle

Distance	Name	Year	Hours	Minutes	Seconds
25 miles	J. F. Jackson	1955	1	13	58
50 miles	D. E. S. Kirby	1930	2	30	43
100 miles	J. F. Jackson	1955	5	29	57
12 hours	J. F. Jackson	1955	202.98m		
London to Brighton/Back	E. G. Godman	1935	6	00	13

Tricycle – Ladies

Distance	Name	Year	Hours	Minutes	Seconds
10 miles	S. J. Charlton	1990	0	31	23
25 miles	S. J. Charlton	1990	1	22	46
50 miles	S. J. Charlton	1990	2	45	28
100 miles	S. J. Charlton	1990	5	46	58
12 hours	S. J. Charlton	1990	171.577m		
24 hours	S. J. Charlton	1990	316.270m		

Juniors (Under 18 years of age)

Bicycle

Distance	Name	Year	Hours	Minutes	Seconds
10 miles	K. R. Herbert	1987	0	24	13
25 miles	K. R. Herbert	1987	1	04	26
50 miles	V. Tully	1996	2	20	32

Juveniles (Under 16 years of age)

Bicycle

10 miles	K. R. Herbert	1987	0	24	13
25 miles	K. R. Herbert	1987	1	04	26
50 miles	K. R. Herbert	1987	2	31	04

Tandem

Distance	Name	Year	Hours	Minutes	Seconds
10 miles	K. E. Herbert & A. Smith	1990	0	21	15
25 miles	K. E. Herbert & A. Smith	1990	0	56	00
50 miles	R. F. Cullum & W. Birkin	1931	2	05	02
100 miles	R. Edgar & A. E. Ward	1931	4	25	35

12 hours (Northern Roads)	P. F. Nosworthy & P. H. Miles	1903		192.50m	
12 hours (Southern Roads)	P. F. Nosworthy & P. H. Purvis	1904		185.75m	

10 mile - 69" Gear Challenge

Juveniles	R. Bradley	1988	0	25	03
Juniors	R. Bradley	1988	0	25	03
Seniors	R. Bradley	1988	0	25	03
Ladies	M. Herbert	1988	0	28	32

CLUB TIME TRIAL

STANDARD TIMES FOR MEDAL RIDES

BICYCLE	DISTANCE	GOLD	SILVER	BRONZE
Senior & Junior Men	10 Mile	22.00	23.00	24.00
	10 Mile 69"	25.30	26.30	27.30
	25 Mile	57.00	59.00	1.02.00
	50 Mile	2.00.00	2.04.00	2.10.00
	100 Mile	4.15.00	4.30.00	4.45.00
	12 Hour	230m	210m	180m
	24 Hour	400m	380m	350m
Ladies & Junior Ladies	10 Mile	26.00	27.00	28.00
	10 Mile 69"	29.00	30.00	31.00
	25 Mile	1.05.00	1.08.00	1.12.00
	50 Mile	2.18.00	2.24.00	2.32.00
	100 Mile	5.15.00	5.30.00	5.45.00
	12 Hour	190m	170m	150m
Juveniles	10 Mile	25.00	26.00	28.00
	10 Mile 69"	27.00	28.00	30.00
	25 Mile	1.06.00	1.09.00	1.13.00
	50 Mile	2.35.00	2.45.00	2.55.00
Tandem	10 Mile	22.00	23.00	24.00
	25 Mile	57.00	59.00	1.01.00
	50 Mile	2.06.00	2.10.00	2.16.00
	100 Mile	4.30.00	4.45.00	5.00.00
	12 Hour	190m	180m	160m
Mixed Tandem	10 Mile	25.00	56.00	27.00
	25 Mile	1.03.00	1.05.00	1.08.00

TRICYCLE	DISTANCE	GOLD	SILVER	BRONZE
Men	10 Mile	26.00	27.00	29.00
	25 Mile	1.14.00	1.18.00	1.24.00
	50 Mile	2.30.00	2.35.00	2.45.00
	100 Mile	5.30.00	5.45.00	6.10.00
	12 Hour	200m	190m	170m
Ladies	10 Mile	32.00	33.00	35.00
	25 Mile	1.25.00	1.30.00	1.40.00
	50 Mile	2.50.00	3.00.00	3.15.00
	100 Mile	5.50.00	6.10.00	6.30.00
	12 Hour	170m	160m	140m
	24 Hour	310m	290m	260m

CLUB RIDES

All runs start from the Shurgard Building, Brighton Road, South Croydon at 9.00 a.m. unless stated.

The rides are open to non-members for a few introductory runs, then membership of the Club would be required. If riders are unsure of their fitness or competence of group riding practice, advice will be given. All runs are led by an experienced and responsible person. The Club rides as a group so no one is left behind. The rides are planned so as to keep to quiet lanes and will avoid main road as much as possible. Lunch stops are often at country pubs.

Riders are responsible for their own safety. They are expected to observe cycling etiquette as well as the Highway Code. Riders are also expected to show consideration to other road users such as horse riders, pedestrians, animals, cars and other vehicles as well as other cyclists.

The Club or its individual members will not be held responsible and will not accept liability if any rider (Club member or non-Club member) has an accident while on a ride with the Anerley Bicycle Club. In case of a mechanical breakdown of a rider's bicycle, if repairs cannot be done on the spot, the rider is responsible for making his/her own way back. Riders are requested to bring enough money to get home in case of emergencies. At least one rider on every Clubrun will have a mobile phone.

Riders are expected to be self-sufficient. Each rider should bring a pump, puncture repair kit, at least one inner tube, waterproof clothing and a small amount of food in case of an emergency. Although the Club has many experienced members who will always help in case of mechanical failure or breakdown, it is up to every individual rider to ensure that he/she has a road-worthy bicycle.